

Amy Shalita, M.A., M.Ed.



Learning Specialist & College Consultant

Specializing in helping students reach their full academic potential,

Amy brings over 25 years of teaching and family advising

experience to her roles as tutor, educator and college consultant.

Let Amy help your student reach their full academic potential

212.759.1976

boutiquetutor.com



About Amy

Amy Shalita, M.A., M.Ed.

Amy Shalita specializes in helping students reach their full academic potential, Amy brings over 25 years of teaching and family advising experience to her roles as tutor, educator and college consultant. Amy has effectively helped hundreds of students heighten their awareness to realize their capabilities while working to keep parents, teachers and administrators appraised of new developments in childhood development and education.

With expertise in both public and private educational sectors, Amy advises students and families throughout their elementary school to college experiences. In addition to being a classroom teacher, learning specialist, and serving as the College Counselor at Robert Louis Stevenson in Manhattan, Amy has designed and provides



a comprehensive, boutique academic tutoring service to children and adolescents in South Florida, New York City, Westchester County, NY, Fairfield County, CT, Bucks County, PA, Princeton, NJ, and Boston, MA.

Amy works with a range of the students: those struggling to meet minimum requirements for their grade level to students who are already excelling but need guidance to reach the top. If you feel you need an expert to help your child, Amy is the answer.

Amy meets with students at their homes between 3:45-8:30 pm after school and as scheduled on weekends. Amy provides customized, one-on-one tutoring at your home or virtually through Skype sessions.





Tutoring & Academic Coach

Amy offers comprehensive support and guidance for students in order to create and remain focused on goals, and challenge them to transcend to a higher intellectual level. Sessions are tailored to meet the needs of each child. Students meet with her weekly and have access to her by phone, email or text.

She has ongoing contact with all members of the child's team and attends parent-teacher conferences.

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Focus Sessions Include:

- Create, implement and teach specific strategies to help students become confident learners and refine their written expression and organization, reading comprehension and study skills.
- Teach test-taking strategies and implement a multi-sensory approach to allow students to develop and refine their independent skills.
- Develop and refine self-advocacy skills, problem-solving skills, and implement strategies to control impulsivity.
- Friendship-building techniques.





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Executive Functioning Coach

ADHD/ADD and Learning Disabilities Speciality

A child who has an executive function disorder, anxiety, depression or learning obstacles discovers that academic coaching is helpful and rewarding. No matter how capable your child is, a learning disability involves several difficulties within the school and your home environment. For this reason, in addition to strategy instruction for individual assignments, every tutoring session begins with a practical organizational conversation with your child.

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College Consultant

During her years as the college guidance counselor at a private school on the Upper West Side of Manhattan, Amy developed a boutique style of college consulting that provided an alternative to the all-too-common numbers-matching approach taken by many secondary institutions. She has worked for several years with Florida state universities and many nationwide colleges.

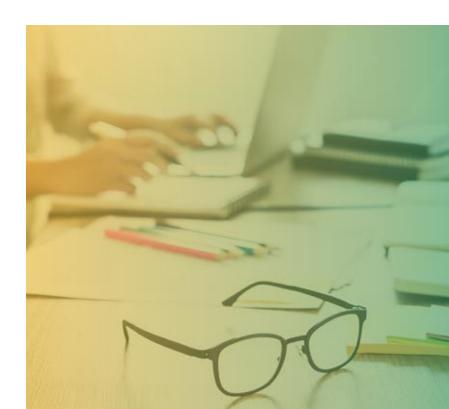
Amy is an experienced educator who provides added structure and support throughout the application process, and helps your child's unique personality and interests shine in the individual written statements. Amy carefully creates the strongest possible applications, which will give the the best chance of being accepted to universities where your child will be academically, socially, and emotionally successful.

Why Choose Amy?

Amy's expert guidance and support will take your child deep into the college evaluation process, helping your student and you navigate the increasingly complicated and expensive admissions landscape to arrive at a choice most closely aligned with what will best serve the student's short-and long-term needs and interests. Given the dearth of college advice at many high schools and escalating competition for entry, individualized, one-on-one guidance from an experienced and knowledgeable college consultant is indispensable.

Important

Amy designs a meaningful college application list, provides time management calendars, and gives suggestions for all essays required for specific colleges. Also, she assists with appropriate course selection in high school, coaches students for college interviews, contacts admission directors and disability services at colleges, all with the goal of making a student stand out amid the thousands of applications read by admissions officers. Another valuable piece of this boutique program is that Amy helps students and their families choose the right college after they receive acceptances, and she remains a voice of reason beyond graduation day.





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College Academic Coach

Academic Coaching is a unique relationship that focuses on the process of being a successful college student. Amy and your child examine specific learning styles, habits of studentship, and current barriers to success. Amy's goal is to heighten awareness to achieve academic success and anchor new strategies. Many young adults have a diagnosis of a learning disability, ADHD, an executive function disorder, anxiety, depression, or undefined learning obstacles. With Amy's help, your child discovers that academic life coaching is helpful and rewarding. Amy guides her students to self advocate to professors, helps them receive accommodations from disability services, teaches strategies for time management and organization. Most importantly, Amy implements individualized techniques for personal reflection to ensure overall success.

Amy offers comprehensive support for college students in order to keep them on track. She advocates to disability services at specific colleges and advisors. Sessions are tailored to meet the needs of each child. Students meet with her weekly and have access to her by phone, email or text.

Depending on the student's location, Amy meets with students either in person or by video conferencing such as Skype.





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Testimonials

Amy Shalita is my "go-to person" whenever I have a family in need of a warm, caring, seasoned professional who can provide academic tutoring and organizational skills support for their child. Amy also possesses a wealth of knowledge regarding a wide range of secondary and post-secondary academic programs and is a skilled guide when assisting parents in their search for just the right setting to support their child's academic, social and emotional development.

- MM Whelley, Ph.D. Pediatric Neuropsychologist

Amy has worked with my son (age 13) for the past 2+ years. She has made a huge impact in his life. Not only has she supported him academically but emotionally as well. He is more organized, focused and confident in and out of school. Amy has a true gift for connecting with her students and we feel blessed to know her.

- Al's mother

Despite my daughter's overall outstanding academic achievement, including her ACT score, GPA, AP, and IB courses, she struggled to complete her Common application and Coalition Application independently. We were very frustrated by her seeming indifference, as was her school's college counselor. We were beyond lucky to find Amy, who gently advised our daughter with ease and care. She provided guidelines, and she worked hours and hours with our daughter to complete the numerous supplementary essays. We were thrilled when the applications were submitted. Quickly, acceptance letters arrived, and we were fortunate to have Amy step right in and encourage our daughter to visit colleges again, attend Student Accepted Days, in order to evaluate the final college choice, which was a winner. We are so grateful for Amy's educational perspective and remarkable knowledge about the college process.

- Sophia's father

Amy has worked with my son (age 17) for two years. She has been instrumental in developing his organizational skills and advancing his academic capabilities. Amy helped coordinate with my son's treatment providers, i.e., teachers, learning specialists and therapists, ensuring we are working as a team. Her guidance and judgment has been essential to the growth and success of our child. We trust her implicitly!

- Henry's mother

I had spoken to several teachers at my son's private school, when he was not doing his homework, getting poor grades, and was somewhat lost. The best help from my son's school was when they gave me Amy Shalita's number. In two years, she has taught our son (age 17) the ability to concentrate, analyze, organize and complete his work independently. Amy is inspiring, dedicated, experienced, and we are fortunate to know her.

- Jake's father

Amy works with my daughter (age 21) who is attending Wellesley College. She is patient, creative and incredibly supportive. Most importantly, Amy never gives up finding ways to help my daughter make it through each semester.

- Lydia's mother